

What's on the menu?

ELEMENTARY Breakfast - October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WG French Toast Syrup --- Strawberry Smoothie	2 Egg & Cheese Breakfast Bagel --- Strawberry Smoothie
5 WG French Toast Syrup	6 Apple Cinnamon Yogurt Parfait House Granola	7 Shri-Bark Rounds 	8 Breakfast Pizza 	9 Apple Pie Overnight Oats
12 No School Columbus Day	13 Blueberry Yogurt Parfait House Granola	14 Shri-Bark Rounds 	15 Wake Up Wrap (Scrambled Egg, Chicken Sausage, Cheddar)	16 Egg & Cheese on a Biscuit
19 Buttermilk Pancakes Syrup	20 Strawberry Yogurt Parfait House Granola	21 Shri-Bark Rounds 	22 Ham, Egg & Cheese on an English Muffin	23 Bagel w/Cream Cheese
26 WG French Toast Syrup	27 Berry Yogurt Parfait House Granola	28 Shri-Bark Rounds 	29 Mini Strawberry Cream cheese Stuffed Bagels	30 Egg & Cheese Bagel Sandwich

Available Daily

Assorted Cereals/Muffins

String Cheese/Yogurt

A Variety of Fruit & Fruit Juice
(Fresh, Local, or Canned)

All meals served with choice of milk.

Please make checks payable to North Providence School Lunch Program

If you have a food allergy or intolerance, please notify us.

Meal prices:
\$1.25 Breakfast
\$3.00 Lunch

For all your nutritional needs please visit:

<https://npsd.nutrislice.com>

Questions:

Christine Smith

401-233-1150 Option 7

OR
christine.charbonneau@compass-u



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

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What's on the menu?

ELEMENTARY LUNCH - October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			Chicken Gyro Flatbread ¹ Buttermilk Coleslaw	Cheese Pizza ² Local Tossed Salad 
 ⁵ Turkey Hot Dog Local French Fries	⁶ Popcorn Chicken Bowl Mashed potatoes, shredded cheddar, seasoned corn Dinner Roll	 ⁷ Brunch for Lunch French Toast Chicken Sausage Patties Local Roasted Potatoes	⁸ Penne Pasta with Meat sauce Roasted Green Beans	⁹ Pepperoni Pizza Spinach & Romaine Salad
 ¹²	¹³ The Cheeseburger Spectacular Roasted Carrots	¹⁴ Acrobats Chicken Power Bowl Chicken Fajita Rice Baked Beans Salsa	¹⁵ Lion Tamer's Creamy Chicken Alfredo Pasta Spectacular Roasted Green Beans Dinner Roll	 ¹⁶ Big Top Cheese Pizza Local Tossed Salad 
¹⁹ Boneless Chicken Wings Assorted Dip N' Sauces Roasted Potato Wedges Dinner Roll	²⁰ Sweet & Sour Chicken Chicken Stir Fry Brown Rice	²¹ Beef Tacos Salsa Mexicali Corn	 ²² Apple Crunch Day Chicken Leg Roasted Honey Carrots Vegetable Dinner Roll Apple Crisp	²³ Pepperoni Pizza Spinach & Romaine Salad
²⁶ Chicken Parm Sandwich French Fries	 ²⁷ BBQ Chicken Tenders Local House made Cornbread Mixed Vegetables	²⁸ Chicken & Waffles Roasted Potatoes Syrup	²⁹ Macaroni & Cheese Roasted Green Beans Dinner Roll	 ³⁰ Cheese Pizza Local Tossed Salad 

Weekly Offerings

9/28-10/2
 Chicken Meatball Sub
 Southwest Chicken Fajita Salad, Tortilla Chips

10/5-10/9
 Crispy Chicken Sandwich
 Garden Salad with Mozzarella, Dinner Roll & Croutons

10/12-10/16
 Grilled Cheese Sandwich
 Chicken Caesar Salad, Dinner Roll & Croutons

10/19-10/23
 Chicken Nuggets with Dinner Roll
 Hummus Bento Box (Hummus, Carrots, Celery, Tostitos)

10/26-10/30
 Cheese Quesadilla
 Ham & Cheese Sandwich



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 401-233-1150 Option 7

christine.charbonneau@compass-usa.com

Available Daily

A Variety of Fruit, Vegetables, or Salads
 (Fresh, Local, or Canned)

All meals served with milk.

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Meal prices:
 \$3.00 Lunch



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Middle School LUNCH - October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Gyro Flatbread	2 Loaded Local Fries BBQ Pulled Pork Buttermilk Coleslaw Garlic Bread
5 Chicken, Black Bean & Corn Nachos Cilantro Sour Cream Local Steamed Broccoli Florets	6 Popcorn Chicken Bowl Mashed Potatoes, Shredded Cheese, Seasoned Corn (Gravy) Dinner Roll Sweet Potato Fries	7 Brunch for Lunch French Toast Bake Chicken Sausage Pattys Local Roasted Sweet Potatoes	8 Burger Bar With Assorted Toppings Local Roasted Potatoes	9 Baked Potato Bar Taco Beef Buffalo Chicken Cheddar Cheese Pico de Gallo Biscuit
12  12	13 Tightrope Cheesy Melt (two cheese grilled cheese) Creamy Tomato Basil Soup	14 Acrobats Chicken Power Bowl Chicken, Rice Baked Beans	15 Lion Tamer's "Blazin' Buffalo Chicken Dip With Celery & Carrot Sticks	16 Ringmasters Pasta Parlor W/G Pasta Diced Chicken or Chicken Meatballs Creamy Alfredo or Italian Marinara Local Roasted Broccoli & Sautéed Peppers
19 Chicken Wing Bar Buffalo, Jamaican Jerk or Teriyaki Local Roasted Green beans Local House made Cornbread	20 General Tso's Chicken Stir Fry Brown Rice Local Roasted Broccoli	21 Beef Tacos Pico de Gallo Shredded Cheddar Sour Cream Mexicali Corn	22 Apple Crunch Day Roasted Chicken Thigh <i>Cran Apple Relish</i> Local Honey Roasted Root Vegetable <i>Apple Crisp</i> Dinner Roll	23 Assorted Flatbread Pizzas With Ceasar Salad
26 Chicken Parm Sandwich Tossed Salad	27 BBQ Chicken Thighs Local House made Cornbread Local Roasted Butternut Squash	28 Chicken & Waffles Local Roasted Potatoes Syrup	29 Pork Cubano Sandwich Local French Fries	30 Mac & Cheese Ology Macaroni & Cheese Seasoned Chicken or Pulled Pork Roasted Broccoli Roasted Peppers Butternut Squash Dinner Roll



grilled



ON THE GO

extra.
extra

Cheese & Pepperoni
Pizza
Specialty Pizza

Cheeseburgers,
Chicken Patty, Spicy
Chicken Patty

Veggie Burgers, Grilled
Cheese

Sandwiches, Wraps,
Salads, Yogurt Parfaits,
and Smoothies

A Variety of Fruit,
Vegetables, or Salads
(Fresh, Local, or
Canned)

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Meal prices: \$3.25 Lunch



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What's on the menu?

HIGH SCHOOL LUNCH - October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Gyro Flatbread	2 Loaded Local Fries BBQ Pulled Pork Buttermilk Coleslaw Garlic Bread
5 Chicken Enchiladas Cilantro Sour Cream Local Steamed Broccoli Florets	6 Popcorn Chicken Bowl Mashed Potatoes, Shredded Cheese, Seasoned Corn (Gravy) Dinner Roll Sweet Potato Fries	7 Brunch for Lunch French Toast Bake Chicken Sausage Pattys Local Roasted Sweet Potatoes	8 Local Farm Event Gnocchi Pesto Pasta Monk Fish Tacos Assorted Local Vegetables	9 Baked Potato Bar Taco Beef Buffalo Chicken Cheddar Cheese Pico de Gallo Biscuit
12  12	13 Tightrope Cheesy Melt (two cheese grilled cheese) Creamy Tomato Basil Soup	14 Acrobats Pork or Chicken Power Bowl Rice, Baked Beans Assorted Toppings	15 Lion Tamer's "Blazin" Buffalo Chicken Dip With Celery & Carrot Sticks	16 Ringmasters Pasta Parlor W/G Pasta Diced Chicken or Chicken Meatballs Creamy Alfredo or Italian Marinara Local Roasted Broccoli & Sautéed Peppers
19 Chicken Wing Bar Buffalo, Jamaican Jerk or Teriyaki Local Roasted Green beans Local House made Cornbread	20 General Tso's Chicken Stir Fry Brown Rice Local Broccoli	21 Yogurt Bar Assorted Fruit Toppings With House-made Granola	22 Apple Crunch Day Roasted Chicken Thigh <i>Cran Apple Relish</i> Local Honey Roasted Root Vegetable <i>Apple Crisp</i> <i>Dinner Roll</i>	23 Assorted Flatbread Pizzas Served with Caesar Salad
26 Chicken Parm Sandwich Tossed Salad	27 BBQ Chicken Thighs Local House made Cornbread Local Roasted Butternut Squash	28 Chicken & Waffles Local Roasted Potatoes Syrup	29 Pork Cubano Sandwich Local French Fries	30 Mac & Cheese Ology Macaroni & Cheese Buffalo Chicken, Pulled Pork Roasted Broccoli Roasted Peppers Butternut Squash Dinner Roll



grilled



ON THE GO

extra.
extra

Cheese & Pepperoni
Pizza
Specialty Pizza

Cheeseburgers,
Chicken Patty, Spicy
Chicken Patty

Veggie Burgers, Grilled
Cheese

Sandwiches, Wraps,
Salads, Yogurt Parfaits,
and Smoothies

A Variety of Fruit,
Vegetables, or Salads
(Fresh, Local, or
Canned)

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