What's on the Menu?

Full Pay \$2.75

Elementary Lunch Menu October 2024

Reduced (\$0 SY24/25)

Monday

Tuesday

Wednesday

Thursday

3rd

Choice 1

Popcorn Chicken Bowl

w/Mashed Potatoes & Corn

Choice 2

Chicken Patty

Choice 3

Pretzel Fun Lunch w/Yogurt

All meals come with a choice

of Fruit, Vegetable, & Milk

10th

Choice 1

Baked Penne w/Cheese

Tossed Salad & Garlic

Breadstick

Cheese Quesadilla w/Salsa

Choice 3

Turkey & Cheese Sandwich

All meals come with a choice

Choice 2

Friday

Sept. 30th Choice 1

Pepperoni Flatbread w/ Crinkle Cut Fries

> Choice 2 Chicken Patty

Choice 3

Pretzel Fun Lunch w/Yogurt All meals come with a choice of Fruit, Vegetable, & Milk

Choice 1

Sloppy Joe Sandwich

W/Fries



General Tso Chicken over Rice

Choice 2

Cheese Quesadilla w/Salsa

Choice 3

Turkey & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

14th



21st

Choice 1

Chicken Parm Sandwich

w/Fries

Choice 1 Cheeseburger

All meals come with a choice of Fruit, Vegetable, & Milk

Choice 1

Local Beef Tacos, Cheddar, Lettuce & Black Bean Corn Salsa

Choice 2 Grilled Cheese

Choice 3

Sunbutter & Jelly Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

28th Choice 1

Honey BBQ Chicken Sandwich

> Choice 2 Turkey Dog

Choice 3

Nacho Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

Choice 1

Beef & Bean Burrito Bowl over Brown Rice

> Choice 2 Chicken Patty

Choice 3

Pretzel Fun Lunch w/Yogurt All meals come with a choice of Fruit, Vegetable, & Milk

នth

Choice 1

w/Broccoli & Dinner Roll

Choice 2

Cheese Quesadilla w/Salsa Choice 3

Turkey & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

15th

Choice 2

Chicken Nuggets & roll

Choice 3

Pizza Bag Fun Lunch

Choice 2 Grilled Cheese Choice 3

Sunbutter & Jelly Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

29^{tl} Choice 1

Chicken Fajita Bowl over Rice w/ Black Beans

Choice 2 Turkey Dog

Choice 3 💽

Nacho Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

2nd

Choice 1

French Toast w/ Chicken Sausage

Choice 2 Chicken Patty

Choice 3

Pretzel Fun Lunch w/Yogurt All meals come with a choice of Fruit, Vegetable, & Milk

9th

Choice 1 Waffles w/Sausage

& Hashbrown

Choice 2

Cheese Quesadilla w/Salsa

Choice 3

Turkey & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

Choice 1

Pancakes w/ Sausage & Maple Syrup Roasted Potatoes

16th

Choice 2

Chicken Nuggets & Roll Choice 3

Pizza Bagel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

23rd

Choice 1

French Toast w/ Sausage & Maple Syrup

Choice 2

Grilled Cheese 🚷

Choice 3

Sunbutter & Jelly Sandwich All meals come with a choice

of Fruit, Vegetable, & Milk

30th

Choice 1

Pancakes w/ Chicken Sausage & Tater Tots

Choice 2 Turkey Dog

Choice 3

Nacho Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

of Fruit, Vegetable, & Milk 17th

Apple Crunch Day

Choice 1

Sweet & Sour Chicken, Rice & Garlic Soy Green beans

Choice 2

Chicken Nuggets & Roll

Choice 3

Pizza Bagel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

24th

Choice 1

Mac & Cheese w/ Chicken Nuggets and Broccoli

Choice 2

Grilled Cheese 🦠

Choice 3

Sunbutter & Jelly Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

31st

Choice 1

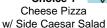
Austin BBQ Twister Ground Beef & Cheddar Wrap w/ Cinnamon Carrots

Choice 2 Turkey Dog

Choice 3

Nacho Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

Choice 1



Choice 2

Chicken Patty

Choice 3

Pretzel Fun Lunch w/Yogurt All meals come with a choice of Fruit, Vegetable, & Milk

11th

Choice 1 Cheese Pizza w/ Side Tossed Salad

Choice 2 Cheese Quesadilla w/Salsa

Choice 3

Turkey & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

18th

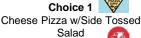


Choice 1 Pepperoni Pizza w/ Caesar Salad

Choice 2 Chicken Nuggets & Roll

Choice 3 Pizza Bagel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

25th



Choice 2

Grilled Cheese

Choice 3 Sunbutter & Jelly Sandwich All meals come with a choice of Fruit, Vegetable, & Milk

This month Seed to Table



Local food

For all your nutritional needs visit: https://npsd.nutrislice.com

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