What's on the Menu?



Monday Tuesday Wednesday **Thursday** Friday

30

Waffle w/ Maple Syrup

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

Assorted Muffins

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

8

Chicken Sausage, & Cheese

on a biscuit

Offered Daily:

Assorted Cereal, Yogurt &

Fruit Parfaits, Fruit Smoothies

All meals are served with

choice of Fruit or 100% Fruit

Juice with 1% Plain Milk or

2 **Breakfast Pizza**

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

3 Assorted Shri Bark

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

Egg & Cheese on a Biscuit

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

7

Pancake Bites w/ Maple Syrup

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

Skim Chocolate Milk 15

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain

Egg, Bacon & Cheese Breakfast Wrap

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

10

Bagel W/ Cream Cheese or Sunbutter

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

11

Ham, Egg, & Cheese on **English Muffin**

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits. Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

14



21

Pancake Bites w/ Maple

Syrup

Offered Daily:

Assorted Cereal, Yogurt &

Fruit Parfaits, Fruit Smoothies

All meals are served with

choice of Fruit with 1% Plain

Assorted Muffins

Milk or Skim Chocolate Milk

16

Breakfast Pizza

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

17

Assorted Shri Bark

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

18 Egg & Cheese on a Biscuit

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

22 Chicken Sausage on a

Biscuit

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

23

Egg, Bacon & Cheese Breakfast Wrap

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

24

Bagel w/ Cream Cheese or Sunbutter

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

25

Ham, Egg & Cheese on **English Muffin**

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

Milk or Skim Chocolate Milk 28

Waffle w/ Maple Syrup

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk

This institution is an equal opportunity provider.

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Assorted Muffins

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk

30

Breakfast Pizza

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies All meals are served with choice of Fruit or 100% fruit iuice with 1% Plain Milk or Skim Chocolate Milk

31

Assorted Shri Bark

Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies

All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk