

What's on the Menu?

Full Pay \$3.00

Middle School Menu October 2024

Reduced (\$0 SY24/25)

Monday

Tuesday

Wednesday

Thursday

Friday

Sept. 30
Entrée

Chicken Parmesan Sandwich
w/Potato Wedges

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

1st

Torta de Pollo Sandwich
Chicken, Refried Beans,
Lettuce, Tomato, Jalapeño
w/Chipotle Mayo

Grill, Pizza, Grab and GO

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

2nd

Entrée

French Toast with Sausage &
Tater Tots

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

3rd

Entrée

Popcorn Chicken Bar
w/Rice BBQ, General Tso,
Buffalo or Sweet Chili
Grill, Pizza, Deli, & Salad
Stations

Featuring Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with come Milk &
sides from the Salad Bar

4th

Entrée

Korean BBQ Beef Brisket
Bulgogi
w/Noodles and Broccoli
Grill, Pizza, Deli, & Salad
Stations

Featuring Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with come Milk &
sides from the Salad Bar

7th

Entrée

Sloppy Joe Sandwich
w/Potato Wedges

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

8th

Entrée

General Tso Chicken Over
Rice or Lo-Mein
with Dumpling

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

9th

Entrée

Waffles with Sausage &
Hashbrown

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

10th

Entrée

Pasta Bar with Assorted
Toppings & Garlic Breadstick

Grill, Pizza, Deli, & Salad
Stations

Featuring Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with come Milk &
sides from the Salad Bar

11th

Entree

Grilled Cheese Bar with
Tomato Soup

Grill, Pizza, Deli, & Salad
Stations

Featuring Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with come Milk &
sides from the Salad Bar

14th



15th

Entree

BBQ Chicken Drumstick w
Corn on the Cob & Roasted
Local Potatoes

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

16th

Entrée

Pancakes with Sausage
Assorted Toppings

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

17th

Apple Crunch Day

Sweet and Sour Chicken Ove
Rice w/Spicy Green Beans
Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

18th

Entrée

Burger Bar w/Assorted
Toppings Served w/Fries

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar



21st

Entrée

Meatball Sub w/Cheese
Served with Fries

Grill, Pizza, Deli, & Sala
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar



22nd

Entrée

Local Beef Tacos w/Cheese
Lettuce & Pico de Gallo

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

23rd

Entrée

French Toast w/Sausage,
Tater Tots & Maple Syrup

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

24th

Entree

Mac & Cheese Bar
w/Assorted Toppings

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

25th

Entrée

Local Baked Potato Bar, with
Chili, Local Veggies, Sour
Cream & Cheddar Cheese

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

28th

Entrée

Honey BBQ Chicken Cutlet
Sandwich w/Coleslaw

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

29th

Entrée

Chicken Fajitas w/Salsa and
Sour Cream

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals come with Milk &
sides from the Salad Bar

30th

Entrée

Monte Cristo Sandwich
w/Roasted Local Potatoes

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar

31st

Entrée

Austin Beef Twister
BBQ Brisket & Cheddar Wrap
w/Roasted Sweet Potatoes

Grill, Pizza, Deli, & Salad
Stations

May feature Burgers, Chicken
Sandwiches, Pizza, Calzones,
Sandwiches & Salads
All meals with Milk & sides
from the Salad Bar



This Month Seed to Table



Local Food

For all your nutritional needs
please visit:

<https://npsd.nutrislice.com>

Questions:

Christine Smith



401-233-1150 Option 7

Or

christine.charbonneau@compass-usa.com

This institution is an equal opportunity provider.