

# What's on the Menu?

**Full Pay \$3.00 Middle School Lunch Menu May 2023 Reduced \$.40**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup></b> <b>Entrée</b> Chicken Cutlet Pesto Sandwich w Tomato, Mozzarella, Basil & Balsamic <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>2<sup>nd</sup></b>  <b>Entrée</b> Popcorn Chicken Bar with Assorted Sauces Served with Fries and Carrot/Celery Sticks <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>3<sup>rd</sup></b>  <b>Entrée</b> Brunch for Lunch <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>4<sup>th</sup></b>  <b>Entrée</b> <b>Popcorn Chicken Bowl</b> w/Mashed Potatoes & Corn <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar	<b>5<sup>th</sup></b>  <b>Entrée</b> <b>Cinco De Mayo</b> Beef & Cheese Nachos w/ Local Beef <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar
<b>8<sup>th</sup></b> <b>Entrée</b> Meatball Sub <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>9<sup>th</sup></b> <b>Entrée</b> General Tso Chicken Vegetable Fried Rice or Lo-Mein & Egg Roll <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>10<sup>th</sup></b> <b>Entrée</b> Monte Cristo Sandwich w/ Potato Wedges & Fresh Fruit Salad <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>11<sup>th</sup></b> <b>Entrée</b> Mac and Cheese Bar topped with choices of Buffalo Chicken, Ham, Bacon, Veggies <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar	<b>12<sup>th</sup></b> <b>Entrée</b> <b>Assorted Calzones</b> Served with Salad and Fries <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar
<b>15<sup>th</sup></b> <b>Entrée</b> Crispy Chicken Parm Cutlet Sandwich with Potato Wedges <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>16<sup>th</sup></b>  <b>Entrée</b> Chicken Fajita Rice Bowl Topped with Your Favorite Toppings! <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>17<sup>th</sup></b> <b>Entrée</b> Brunch for Lunch <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>18<sup>th</sup></b> <b>Entrée</b> BBQ Chicken Cutlet Served with Coleslaw, Baked Beans and Corn on the Cob <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>19<sup>th</sup></b> <b>Entrée</b> Burger Bar Served with All your Favorite Toppings & Curley Fries <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar
<b>22<sup>nd</sup></b> <b>Entrée</b> Chicken Bacon Ranch Cutlet Sandwich topped with Onion Fizzles <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>23<sup>rd</sup></b>  <b>Entrée</b> Kung Pao Chicken Over Rice and Vegetables Served w/Egg Roll <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>24<sup>th</sup></b> <b>Entrée</b> Frittata Bar Crust less Quiche with Assorted Veggies Served with a Side Salad & Fresh Fruit Salad <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>25<sup>th</sup></b>  <b>Entrée</b> Chef Salad Featuring Local Mozzarella Cheese, Diced Ham, Turkey, Eggs, Tomatoes, Cucumbers, & Avocado with Breadstick <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>26<sup>th</sup></b>  <b>Entrée</b> Double Dogs Choice from Coney Island Chile and Cheese or Plain <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar
<b>29<sup>th</sup></b> <b>Memorial Day</b> <b>No School</b>	<b>30<sup>th</sup></b> <b>Entrée</b> Chicken, or Beef and Cheese Burrito with all your Favorite Toppings <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>31<sup>st</sup></b> <b>Entrée</b> Brunch for Lunch <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	 =Locally Sourced  =Regional Cuisine  =Plant Power  =Power Up  =Spice it Up  =Vegetarian	 <b>For all your nutritional needs please visit:</b> <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a> <b>Questions:</b> <b>Donna Humphries</b> <b>401-233-1150 Ext. 13463</b> <b>Or</b> <b><a href="mailto:Donna.Humphries@compas-s-usa.com">Donna.Humphries@compas-s-usa.com</a></b>

This institution is an equal opportunity provider.