What's on the Menu?

High School Menu May 2023

Thursday Monday Tuesday Wednesday **Friday**

Entrée

Chicken Cutlet Pesto Sandwich w Tomato. Mozzarella, Basil & Balsamic Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

8th

Entrée Meatball Sub

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

15th Entrée

Crispy Chicken Parm Cutlet Sandwich with Potato Wedges

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

22nd Entrée

Chicken Bacon Ranch Cutlet Sandwich topped with Onion Frizzles

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

29th

Memorial Day No School

2nd Entrée

Popcorn Chicken Bar with **Assorted Sauces** Served with Fries and Carrot/Celery Sticks

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar 9th

Entrée

General Tso Chicken Vegetable Fried Rice or Lo-Mein & Egg Roll

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

16th Entrée



Chicken Fajita Rice Bowl Topped with Your Favorite Toppings!

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

23rd Entree



Kung Pao Chicken Over Rice and Vegetables Served w/Egg Roll

Grill, Pizza, Deli, & Salad

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

30th Entrée

Chicken and Cheese Quesadilla with all your Favorite Toppings

Grill, Pizza, Deli, & Salad

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

3rd Entrée



Brunch for Lunch

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

10th

Entrée Monte Cristo Sandwich w/

Potatoes Wedges & Fresh Fruit Salad

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

17th

Entrée

Brunch for Lunch

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar 24th

Entrée

Frittata Bar Crust less Quiche with Assorted Veggies Served with a Side Salad &

Fresh Fruit Salad Grill, Pizza, Deli, & Salad

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

31st

Entrée

Brunch for Lunch

Grill, Pizza, Deli, & Salad

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

4th Entrée

Tikka Masala Rice Bowl Chicken, Cauliflower and Basmati Rice w/Flatbread Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

11th

Entrée

Mac and Cheese Bar topped with choices of Buffalo Chicken, Ham, Bacon, Vegaies

Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

18^t

Entrée

BBQ Chicken Cutlet Served with Coleslaw. Baked Beans and Corn on the Cob

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

25^t Entrée



Chef Salad Featuring Local Mozzarella Cheese, Diced Ham, Turkey, Eggs, Tomatoes, Cucumbers, & Avocado with Breadstick Grill, Pizza, Deli, & Salad May feature Burgers, Chicken Sandwiches, Pizza, Calzones,

Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

=Locally Sourced

=Regional Cuisine



=Plant Power



=Power Up



= Vegetarian

5th

Entrée

Cinco De Mayo

Taco Salad Bowl w/ Local

Beef & Cheese

Grill, Pizza, Deli, & Salad

Stations

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

12th

Entrée

Assorted Calzones Served with Salad and Fries

Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

19th **Entree**

Burger Bar Served with All your Favorite Toppings & Curley Fries

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

26th Entrée



Double Dogs Choice from Coney Island Chile and Cheese or Plain

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar



For all your nutritional needs please visit: https://npsd.nutrislice.com Questions: **Donna Humphries**

401-233-1150 Ext. 13463 Or

Donna.Humphries@compas s-usa.com

This institution is an equal opportunity provider.