

# What's on the Menu?

## Middle School Menu March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 =Locally Sourced  =Regional Cuisine  =Plant Power  =Power Up  =Spice it Up  = Vegetarian	 <p>For all your nutritional needs please visit:  <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a>            Questions:  <b>Donna Humphries</b>  <b>401-233-1150 Ext. 13463</b>            Or  <a href="mailto:Donna.Humphries@compas-usa.com">Donna.Humphries@compas-usa.com</a></p>	<p><b>1<sup>st</sup> Entrée</b>             Brunch for Lunch</p> <p><b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>2<sup>nd</sup> Entrée</b>  <b>Sushi Bowl</b>            Made to order Asian Salad Bowl!  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with come Milk &amp; sides from the Salad Bar</p>	<p><b>3<sup>rd</sup> Entrée</b>            Grilled Cheese Bar w/ Local Mozzarella Cheese  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>
<p><b>6<sup>th</sup> Entrée</b>            BBQ Bacon Cheddar Chicken Cutlet Sandwich w/ Cole slaw  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>7<sup>th</sup> Entrée</b>            Teriyaki Chicken            Vegetable Fried Rice or Lo-Mein &amp; Egg Roll  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>	<p><b>8<sup>th</sup> Entrée</b>            Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>	<p><b>9<sup>th</sup> Entrée</b>   <b>Greek Salad Bowl</b>            Featuring Narragansett Feta Cheese  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with come Milk &amp; sides from the Salad Bar</p>	<p><b>10<sup>th</sup> Entrée</b>            Popcorn Chicken Bar  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with come Milk &amp; sides from the Salad Bar</p>
<p><b>13<sup>th</sup> National Chicken Soup Day w/ Grilled Cheese</b>  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>14<sup>th</sup> Entrée</b>             Soft Beef Tacos w/ Mexican Rice  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>	<p><b>15<sup>th</sup> Entrée</b>            Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>16<sup>th</sup> Entrée</b>  <b>Tex Mex Vegetable Chili Rice Bowl</b>  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>17<sup>th</sup> Entrée</b>            Grilled Reuben            Sliced Corned Beef with Sauerkraut, Melted Swiss w/ 1000 Island Dressing  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>
<p><b>20<sup>th</sup> Entrée</b>            Chicken Bacon Ranch Cutlet Sandwich topped with Onion Fizzles  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>21<sup>st</sup> Entrée</b>            General Tso's Chicken served with Fried Rice or Lo- Mein w/ Egg Rolls or Dumpling  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>22<sup>nd</sup> Entrée</b>            Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>23<sup>rd</sup> Entrée</b>  <b>Caprese Salad</b>            Featuring Local Mozzarella Cheese, Tomatoes &amp; Fresh Basil w/ an Aged Balsamic  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>24<sup>th</sup> Entrée</b>            Calzone Station            Choose from a variety of favorites served w/ Caesar Salad  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>
<p><b>27<sup>th</sup> Entrée</b>            Meatball Parmesan Sub w/ Side Salad  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>28<sup>th</sup> Entrée</b>             Chicken Nachos w/ Topping Bar  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals with Milk &amp; sides from the Salad Bar</p>	<p><b>29<sup>th</sup> Entrée</b>            Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>30<sup>th</sup> Entrée</b>  <b>Cold Thai Noodle Bowl Salad</b>  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>	<p><b>31<sup>st</sup> Entrée</b>            Burger Bar            Topped the way you like it!            Served with Potato Wedges &amp; Onion Rings  <b>Grill, Pizza, Deli, &amp; Salad Stations</b>            May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches &amp; Salads            All meals come with Milk &amp; sides from the Salad Bar</p>

This institution is an equal opportunity provider.