What's on the Menu?

High School Menu March 2023

Monday Tuesday Wednesday **Thursday** Friday



=Locally Sourced



=Regional Cuisine



=Plant Power



=Power Up



=Spice it Up



Vegetarian

6th

Entrée

BBQ Bacon Cheddar Chicken Cutlet Sandwich w/ Cole slaw

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

13th

National Chicken Soup Day w/ Grilled Cheese

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

20th Entrée

Chicken Bacon Ranch Cutlet Sandwich topped with Onion Frizzles

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

27th Entrée

Meatball Parmesan Sub w/ Side Salad

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar



For all your nutritional needs please visit: https://npsd.nutrislice.com Questions:

Donna Humphries 401-233-1150 Ext. 13463 Or

Donna.Humphries@compas

s-usa.com

Entrée Teriyaki Chicken Vegetable Fried Rice or Lo-Mein & Egg Roll

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

14th Entrée



Soft Beef Tacos w/ Mexican Rice

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

21st

Entrée

General Tso's Chicken served with Fried Rice or Lo- Mein w/ Egg Rolls or Dumpling

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

28th **Entree**



Chicken Nachos w/ Topping Bar

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

Entrée



Brunch for Lunch

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

8th

Entrée Made to Order Yogurt **Bowls**

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

15th

Entrée

Brunch for Lunch

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

22nd

Entrée

Frittata Bar Crust less Quiche Served with a Side Salad & Fresh Fruit Salad

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar 29th

Entrée

Brunch for Lunch

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

2nd Entrée

Sushi Bowl

Made to order Asian Salad Bowl!

Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

9th

Entrée **Greek Salad Bowl**

Featuring Narragansett Feta Cheese

Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

16th

Entrée Tex Mex Vegetable Chili Rice Bowl

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

23rd Entrée

Caprese Salad

Featuring Local Mozzarella Cheese, Tomatoes & Fresh Basil w/ an Aged Balsamic Grill, Pizza, Deli, & Salad

Stations May feature Burgers, Chicken Sandwiches, Pizza, Calzones,

Sandwiches & Salads All meals come with Milk & sides from the Salad Bar 30th

Entrée Cold Thai Noodle Bowl Salad

Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

3rd Entrée

Grilled Cheese Bar w/ Local Mozzarella Cheese

Grill, Pizza, Deli, & Salad

Stations Mav feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

10th

Entrée

Popcorn Chicken Bar

Grill, Pizza, Deli, & Salad **Stations**

Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar

17th

Grilled Reuben Sliced Corned Beef with Sauerkraut, Melted Swiss w/ 1000 Island Dressing

Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

24th Entrée

Calzone Station Choose from a variety of favorites served w/ Caesar

Salad Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk &

sides from the Salad Bar 31st

Entrée

Burger Bar Topped the way you like it! Served with Potato Wedges &

Onion Rings Grill, Pizza, Deli, & Salad Stations

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

This institution is an equal opportunity provider.