

























What's on the Menu?

March ES Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 =Locally Sourced  =Regional Cuisine  =Plant Power  =Power Up  =Spice it Up  = Vegetarian	 <p>For all your nutritional needs please visit: https://npsd.nutrislice.com Questions: Donna Humphries 401-233-1150 Ext. 13463 Or Donna.Humphries@compass-usa.com</p>	1st Choice 1  Waffles & Sausage w/ Maple Syrup Choice 2  Grilled Cheese Sandwich Choice 3 Ham, Grapes & Cheese Snack Pack All meals come with a choice of Fruit, Vegetable, & Milk	2nd Choice 1 Loaded Tater Tots Choice 2  Grilled Cheese Sandwich Choice 3 Ham, Grapes & Cheese Snack Pack All meals come with a choice of Fruit, Vegetable, & Milk	3rd  Choice 1 Cheese Pizza w/Northern Bean Italian Salad  Choice 2  Grilled Cheese Sandwich Choice 3 Ham, Grapes & Cheese Snack Pack All meals come with a choice of Fruit, Vegetable, & Milk
6th Choice 1 BBQ Chicken & Cheddar Flatbread served with Cole Slaw Choice 2 Cheese Filled Breadsticks w/ Marinara Sauce  Choice 3 Sunny Butter & Jelly All meals come with a choice of Fruit, Vegetable, & Milk	7th Choice 1 Diced Teriyaki Chicken w/ Steamed Brown Rice & Vegetable Choice 2 Cheese Filled Breadsticks w/ Marinara Sauce  Choice 3 Sunny Butter & Jelly All meals come with a choice of Fruit, Vegetable, & Milk	8th  Choice 1 Pancakes, Sausage, Tater Tots & Maple Syrup Choice 2 Cheese Filled Breadsticks w/ Marinara Sauce Choice 3  Sunny Butter & Jelly All meals come with a choice of Fruit, Vegetable, & Milk	9th Choice 1 Mac n Cheese w/ Chicken Nuggets Choice 2 Cheese Filled Breadsticks w/ Marinara Sauce  Choice 3  Sunny Butter & Jelly All meals come with a choice of Fruit, Vegetable, & Milk	10th Choice 1 Cheese Pizza Choice 2 Cheese Filled Breadsticks w/ Marinara Sauce  Choice 3 Sunny Butter & Jelly All meals come with a choice of Fruit, Vegetable, & Milk
No School Lunch Professional Development Day	14th  Choice 1 Soft Beef & Cheese Tacos w/ Mexican Rice Choice 2 Chicken Nuggets w/Roll Choice 3  Muffin Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	15th  Choice 1 French Toast, Sausage, & Maple Syrup Choice 2 Chicken Nuggets w/Roll Choice 3  Muffin Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	16th Choice 1 Popcorn Chicken Bowl w/Mashed Potato, Corn and Gravy Choice 2 Chicken Nuggets w/Roll Choice 3  Muffin Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	17th  Choice 1 Cheese Pizza w/ Northern Bean Italian Salad  Choice 2 Chicken Nuggets w/Roll Choice 3  Muffin Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk
20th Choice 1 Chicken Bacon Ranch Melt on a Flatbread Choice 2 All Beef Hot Dog Choice 3 Ham & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk	21st Choice 1 Generals Tso's Chicken served w/ Brown Rice & Vegetables Choice 2 All Beef Hot Dog Choice 3 Ham & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk	22nd Choice 1 Pancakes w/ Sausage, Tater Tots & Maple Syrup Choice 2 All Beef Hot Dog Choice 3 Ham & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk	23rd Choice 1 Chicken Broccoli Alfredo w/ Penne Pasta & Garlic Breadstick Choice 2 All Beef Hot Dog Choice 3 Ham & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk	24th  Choice 1 Cheese Pizza w/ Northern Bean Italian Salad Choice 2 All Beef Hot Dog Choice 3 Ham & Cheese Sandwich All meals come with a choice of Fruit, Vegetable, & Milk
27th Choice 1 Meatball Parmesan Sub w/ Side Salad Choice 2 Grilled Cheese  Choice 3 Soft Pretzel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	28th  Choice 1 Chicken & Cheese Nachos With Black Bean & Corn Salsa Choice 2 Grilled Cheese  Choice 3 Soft Pretzel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	29th Choice 1 French Toast w/ Sausage & Maple Syrup Choice 2 Grilled Cheese Choice 3 Soft Pretzel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	30th Choice 1 Chicken & Vegetable Lo-Mein served w/ an Egg Roll Choice 2 Grilled Cheese Choice 3 Soft Pretzel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk	31st Choice 1 Cheese Pizza w/ Northern Bean Italian Salad Choice 2 Grilled Cheese Choice 3 Soft Pretzel Fun Lunch All meals come with a choice of Fruit, Vegetable, & Milk

This institution is an equal opportunity provider.