# What's on the Menu?

# Full Pay:\$3.00 High & Middle School Menu April 2023 Reduced Pay:\$.40

**Monday Tuesday** Wednesday **Thursday Friday** 

3<sup>rd</sup>

### Entrée

Chicken Pesto Tossed to Order Salad Served with Flatbread Sticks Grill, Pizza, Deli, & Salad

**Stations** 

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

10<sup>th</sup>

No School

**Spring Recess** 

**₄**<sup>th</sup> Entrée

General Tso Chicken Vegetable Fried Rice or Lo-Mein & Egg Roll

Grill, Pizza, Deli, & Salad **Stations** 

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

5<sup>th t</sup> Entrée



Brunch for Lunch

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

6<sup>th</sup> Entrée

### **National Burrito Day** Chicken, Cheese, Salsa, Refried Beans and Rice

Grill, Pizza, Deli, & Salad

**Stations** Featuring Burgers, Chicken Sandwiches & Salads All meals with come Milk &

Sandwiches, Pizza, Calzones, sides from the Salad Bar

7<sup>th</sup>

No School

**Good Friday** 

11<sup>th</sup>

No School

**Spring Recess** 

12<sup>th</sup>

No School

**Spring Recess** 

13<sup>th</sup>

No School

**Spring Recess** 

14<sup>th</sup>

No School

**Spring Recess** 

### 17<sup>th</sup> Entrée

Crispy Chicken Parm Cutlet Sandwich with Potato Wedges

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

### 24<sup>th</sup> Entrée

Chicken Bacon Ranch Cutlet Sandwich topped with Onion Frizzles

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

## 18<sup>th</sup> Entrée



Chicken Fajita Rice Bowl Topped with Your Favorite Toppings!

### Grill, Pizza, Deli, & Salad **Stations**

Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

25<sup>th</sup>

Entree

May feature Burgers, Chicken Sandwiches, Pizza, Calzones,



Asian Noodle Bowl Teriyaki Chicken with Vegetables & Lo-Mien in a Spicy Soy Ginger Broth Served w/Dumplings

Grill, Pizza, Deli, & Salad May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides

from the Salad Bar

### 19<sup>th</sup> Entrée

Brunch for Lunch

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar 26<sup>th</sup>



### Entrée



Frittata Bar Veg Crust less Quiche with Assorted Veggies Served with a Side Salad &

Fresh Fruit Salad Grill, Pizza, Deli, & Salad

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

=Locally Sourced

=Regional Cuisine

=Plant Power

Power Up

=Spice it Up

= Vegetarian

20<sup>th</sup> Entrée

National Cheddar Fries Day Fully Loaded & topped with Chili, Cheese & Sour Cream

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar

21<sup>st</sup> **Entree** 

Hot Oven Italian Grinder! Served with Curley Fries

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar

### 27<sup>th</sup> Entrée



Featuring Local Mozzarella Cheese, Diced Ham, Turkey, Eggs, Tomatoes, Cucumbers, & Avocado with Breadstick Grill, Pizza, Deli, & Salad May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk &

sides from the Salad Bar

Entrée Greek Chicken Gyros Served with Parmesan Wedges

28<sup>th</sup>

### Grill, Pizza, Deli, & Salad **Stations**

May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar





For all your nutritional needs please visit: https://npsd.nutrislice.com Questions: **Donna Humphries** 

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