












# What's on the Menu?

## High School Menu February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1<sup>st</sup> Entrée</b>  Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>2nd Entrée</b> <b>National Tater Tot Day!</b> Tater Tot Poutine  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar	<b>3<sup>rd</sup> Entrée</b> Grilled Cheese Bar w/ Local Mozzarella Cheese  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar
<b>6<sup>th</sup> Entrée</b> BBQ Bacon Cheddar Chicken Cutlet Sandwich w/ Cole slaw <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>7<sup>th</sup> Entrée</b> Teriyaki Chicken Vegetable Fried Rice or Lo-Mein & Egg Roll <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>8<sup>th</sup> Entrée</b> <b>Made to Order Yogurt Bowls</b> <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>9<sup>th</sup> Entrée</b>  Greek Chicken Tzatziki Flatbread Sandwich with Greek Salad & Parm Roasted Narragansett Feta Cheese <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar	<b>10<sup>th</sup> Entrée</b> Popcorn Chicken Bar  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> Featuring Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with come Milk & sides from the Salad Bar
<b>13<sup>th</sup> Entrée</b> <b>Chicken Parmesan Sandwich</b>  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>14<sup>th</sup> Entrée</b>  Soft Beef Tacos w/ Mexican Rice <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar	<b>15<sup>th</sup> Entrée</b> Brunch for Lunch  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>16<sup>th</sup> Entrée</b> Lazy Man Lasagna w/ Garlic Breadstick  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>17<sup>th</sup> Entrée</b>  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar
<b>20<sup>th</sup> Entrée</b>  <b>No School</b> School Vacation	<b>21<sup>st</sup> Entrée</b>  <b>No School</b> School Vacation	<b>22<sup>nd</sup> Entrée</b>  <b>No School</b> School Vacation	<b>23<sup>rd</sup> Entrée</b>  <b>No School</b> School Vacation	<b>24<sup>th</sup> Entrée</b>  <b>No School</b> School Vacation
<b>27<sup>th</sup> Entrée</b> Meatball Sub w/ Side Salad  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals come with Milk & sides from the Salad Bar	<b>28<sup>th</sup> Entrée</b>  Chicken Nachos w/ Topping Bar  <b>Grill, Pizza, Deli, &amp; Salad Stations</b> May feature Burgers, Chicken Sandwiches, Pizza, Calzones, Sandwiches & Salads All meals with Milk & sides from the Salad Bar		 =Locally Sourced  =Regional Cuisine  =Plant Power  =Power Up  =Spice it Up  =Vegetarian	 For all your nutritional needs please visit: <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a> Questions: Donna Humphries 401-233-1150 Ext. 13463 Or <a href="mailto:Donna.Humphries@compas-s-usa.com">Donna.Humphries@compas-s-usa.com</a>