

# What's on the Menu?

## Elementary Breakfast Menu – January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>For all your nutritional needs please visit:  <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a>            Questions:            Donna Humphries            401-233-1150 Option 7            Or            Donna.Humphries@Compass-usa.com</p>	<p><b>3<sup>rd</sup></b></p> <p><b>Banana Benefit Bar</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>4<sup>th</sup></b></p> <p><b>Assorted Muffins</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>5<sup>th</sup></b></p> <p><b>Ham, Egg &amp; Cheese on Bagel</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>6<sup>th</sup></b></p> <p><b>Turkey Sausage w/ Cheese on a Maple Flatbread</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p><b>9<sup>th</sup></b></p> <p><b>Cinni Minis</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>10<sup>th</sup></b></p> <p><b>Banana Benefit Bar</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>11<sup>th</sup></b></p> <p><b>Assorted Muffins</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>12<sup>th</sup></b></p> <p><b>Ham, Egg &amp; Cheese on a Bagel</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>13<sup>th</sup></b></p> <p><b>Turkey Sausage w/ Cheese on a Maple Flatbread</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p><b>16<sup>th</sup></b></p> <p><b>No School</b></p> <p><b>Martin Luther King Jr Day</b></p>	<p><b>17<sup>th</sup></b></p> <p><b>Banana Benefit Bar</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>18<sup>th</sup></b></p> <p><b>Assorted Muffins</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>19<sup>th</sup></b></p> <p><b>Ham, Egg, &amp; Cheese on a Bagel</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>20<sup>th</sup></b></p> <p><b>Turkey Sausage w/ Cheese on a Maple Flatbread</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p><b>23<sup>rd</sup></b></p> <p><b>Cinni Minis</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>24<sup>th</sup></b></p> <p><b>Banana Benefit Bar</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>25<sup>th</sup></b></p> <p><b>Assorted Muffins</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>26<sup>th</sup></b></p> <p><b>Ham, Egg, &amp; Cheese on a Bagel</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>27<sup>th</sup></b></p> <p><b>Turkey Sausage w/ Cheese on a Maple Flatbread</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p><b>30<sup>th</sup></b></p> <p><b>Cinni Minis</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p><b>31<sup>st</sup></b></p> <p><b>Banana Benefit Bar</b></p> <p>Offered Daily: Assorted Cereal &amp; Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>			