


What's on the Menu?

Elementary Breakfast Menu – October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3rd</p> <p>Cinni Minis Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>4th</p> <p>Banana Benefit Bar Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>5th</p> <p>Assorted Muffins Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>6th</p> <p>Ham, Egg & Cheese on Bagel Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>7th</p> <p>Turkey Sausage w/ Cheese on a Maple Flatbread Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p>10th</p> <p>No School Columbus Day</p> 	<p>11th</p> <p>Banana Benefit Bar Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>12th</p> <p>Assorted Muffins Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>13th</p> <p>Ham, Egg & Cheese on a Bagel Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>14th</p> <p>Turkey Sausage w/ Cheese on a Maple Flatbread Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p>17th</p> <p>Cinni Minis Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>18th</p> <p>Banana Benefit Bar Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>19th</p> <p>Assorted Muffins Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>20th</p> <p>Ham, Egg, & Cheese on a Bagel Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>21st</p> <p>Turkey Sausage w/ Cheese on a Maple Flatbread Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p>24th</p> <p>Cinni Minis Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>25th</p> <p>Banana Benefit Bar Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>26th</p> <p>Assorted Muffins Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>27th</p> <p>Ham, Egg, & Cheese on a Bagel Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>	<p>28th</p> <p>Turkey Sausage w/ Cheese on a Maple Flatbread Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>
<p>31st</p> <p>Cinni Minis Offered Daily: Assorted Cereal & Cereal Bars</p> <p>All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk</p>				 <p>For all your nutritional needs please visit: https://npsd.nutrislice.com Questions: Donna Humphries 401-233-1150 Option 7 Or Donna.Humphries@Compass-usa.com</p>