


# What's on the Menu?

## Elementary Breakfast Menu – September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
 For all your nutritional needs please visit: <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a> Questions: Donna Humphries 401-233-1150 Option 7 Or Donna.Humphries@Compass-usa.com Breakfast \$1.10 Reduced \$0.30	<b>30<sup>th</sup></b> <b>Banana Benefit Bar</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>31<sup>st</sup></b> <b>Assorted Muffins</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>1<sup>st</sup></b> <b>Ham, Egg &amp; Cheese on Bagel</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>2<sup>nd</sup></b> <b>No School</b>
<b>5<sup>th</sup></b> <b>No School Labor Day</b>	<b>6<sup>th</sup></b> <b>Banana Benefit Bar</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>7<sup>th</sup></b> <b>Assorted Muffins</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>8<sup>th</sup></b> <b>Ham, Egg &amp; Cheese on a Bagel</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>9<sup>th</sup></b> <b>Turkey Sausage w/ Cheese on a Maple Flatbread</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk
<b>12<sup>th</sup></b> <b>Cinni Minis</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>13<sup>th</sup></b> <b>No School Primary Day</b>	<b>14<sup>th</sup></b> <b>Assorted Muffins</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>15<sup>th</sup></b> <b>Ham, Egg, &amp; Cheese on a Bagel</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>16<sup>th</sup></b> <b>Turkey Sausage w/ Cheese on a Maple Flatbread</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk
<b>19<sup>th</sup></b> <b>Cinni Minis</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>20<sup>th</sup></b> <b>Banana Benefit Bar</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>21<sup>st</sup></b> <b>Assorted Muffins</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>22<sup>nd</sup></b> <b>Ham, Egg, &amp; Cheese on a Bagel</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>23<sup>rd</sup></b> <b>Turkey Sausage w/ Cheese on a Maple Flatbread</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk
<b>26<sup>th</sup></b> <b>Cinni Minis</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>27<sup>th</sup></b> <b>Banana Benefit Bar</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>28<sup>th</sup></b> <b>Assorted Muffins</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>29<sup>th</sup></b> <b>Ham, Egg, &amp; Cheese on a Bagel</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk	<b>30<sup>th</sup></b> <b>Turkey Sausage w/ Cheese on a Maple Flatbread</b> Offered Daily: Assorted Cereal & Cereal Bars All meals are served with choice of fruit or 100% fruit juice with 1% plain milk or skim chocolate milk