

# What's on the Menu?

## Breakfast Menu – March 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Fresh Fruit will alternate between Apples, (Local when available), Oranges, &amp; Bananas</b></p>	<p><b>1<sup>st</sup></b></p> <p>Banana Benefit Bar</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>2<sup>nd</sup></b></p> <p>Assorted Muffins</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>3<sup>rd</sup></b></p> <p>Assorted Cereal</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>4<sup>th</sup></b></p> <p>Assorted Cereal Bar</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>
<p><b>7<sup>th</sup></b></p> <p>Cinni Minis</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>8<sup>th</sup></b></p> <p>Banana Benefit Bar</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>9<sup>th</sup></b></p> <p>Assorted Muffins</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>10<sup>th</sup></b></p> <p>Assorted Cereal</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>11<sup>th</sup></b></p> <p>Assorted Cereal Bar</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>
<p><b>14<sup>th</sup></b></p> <p><b>Professional Development Day</b></p>	<p><b>15<sup>th</sup></b></p> <p>Banana Benefit Bar</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>16<sup>th</sup></b></p> <p>Assorted Muffins</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>17<sup>th</sup></b></p> <p>Assorted Cereal</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>18<sup>th</sup></b></p> <p>Assorted Cereal Bars</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>
<p><b>21<sup>st</sup></b></p> <p>Cinni Minis</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>22<sup>nd</sup></b></p> <p>Banana Benefit Bar</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>23<sup>rd</sup></b></p> <p>Assorted Muffins</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>24<sup>th</sup></b></p> <p>Assorted Cereal</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>25<sup>th</sup></b></p> <p>Assorted Cereal Bars</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>
<p><b>28<sup>th</sup></b></p> <p>Cinni Minis</p> <p>Served w/ Fresh Fruit Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>29<sup>th</sup></b></p> <p>Banana Benefit Bar</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>30<sup>th</sup></b></p> <p>Assorted Muffins</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	<p><b>31<sup>st</sup></b></p> <p>Assorted Cereal</p> <p>Served w/ 100% Fruit Juice Choice of 1% Plain Milk Or Skim Chocolate Milk</p>	 <p><b>For all your nutritional needs please visit:</b>  <a href="https://npsd.nutrislice.com">https://npsd.nutrislice.com</a>  <b>Questions:</b>  <b>Donna Humphries</b>  <b>401-233-1150 Ext. 13463</b>  <b>Or</b>  <b>Donna.Humphries@Compass-usa.com</b></p>

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