



North Providence High School September Lunch Menu

create
EXHIBITION

SO
DELI
delicious!

Freshly Prepared
Deli Style
Sandwiches
Made to Order
Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls

Extra Extra

Fruit and Veggie Bar

Daily Specials:

Monday
Three Bean Salad

Tuesday
Cucumber Tomato Salad

Wednesday
Mediterranean Bulger Salad

Thursday
Cauliflower Salad

Power up Foods! 



			5	6
	 Look for power up days! Energy Boosting Meals		Meatball Sub Italian-Style Meatballs Tossed in Marinara sauce and Topped with Mozzarella Baked Fries	Popcorn Chicken Bar Popcorn Chicken Tossed with Choice of Teriyaki, Sweet & Sour, General Tso, BBQ, and Honey Sriracha
9	10	11	12	13
Grilled Cheese Bar Choose from a Variety of Different types of Grilled Cheeses Tomato Soup or Side Salad	Southern BBQ Chicken Oven Baked BBQ Chicken Legs, Cole Slaw, Corn Bread Baked Beans	Brunch for Lunch! Cinnamon Maple French Toast Served with Sausage Patty and Tater Tots	Mexican Fiesta  Pork Carnitas or Beef Tacos, Cheddar Cheese, Served with Sour Cream and Cilantro Rice	Hand Pressed Burger Bar Hand Pressed Ground Beef Patty Topped with Choice of Cheese, Sauces, Lettuce, Tomatoes, Onions and Pickles
16	17	18	19	20
Sloppy Joe Sandwich Ground Beef in a Saucy Blend of Seasonings on a Roll with Cheese Confetti Cole Slaw	Mexican Fiesta  Nachos Topped with Seasoned Taco Beef, Cheddar Cheese, Sour Cream & Salsa Mexican Black Beans	Breakfast Buffet Scrambled Eggs, Toast, Sausage and Tater Tots served with Maple Syrup	Mediterranean Station  Greek Seasoned Beef with Tzatziki Cucumber Yogurt Sauce topped With Lettuce, Tomatoes, and Red Onions Folded in Flat Bread	Sizzling Salad Bar  Mixed Green Salad topped with Sautéed Chicken or Beef topped with Roasted Veggies and Assorted Toppings and Flatbread
23	24	25	26	27
Chicken Parm Sand Chicken Cutlet Topped with Marinara Sauce & Mozzarella Cheese Served with Caesar Salad	Taco Tuesday Taco Shells stuffed with Seasoned Taco Beef, Shredded Cheese, Lettuce, Salsa and Sour Cream Mexicali Rice	Brunch for Lunch! Pancakes with Fruit Topping offered with Sausage Patty and Tots	Asian Lettuce Cups Boston Bib Lettuce filled with Noodles, Teriyaki Chicken & Vegetables Served with a Cucumber Mandarin Salad Roll	Hot Dog Bar Double Dogs with your choice of Toppings including Chili and Cheese Baked Beans
30				31
BBQ Pork Slow Roasted Pork with BBQ Sauce served with Corn, Roll, Cole Slaw, and Baked Beans				

Menu Subject to Change  All grain items are made with whole grains

All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Donna Humphries, Director of Dining Services at 401-233-1150 ex 13463

If you have any food allergies, please let us know!

Prices: Student Meal: \$2.80 • Reduced Meal: 40¢ • Milk: 50¢ • Adult: \$3.50



Available daily:

Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold Vegetables,
Salad, Fruit and Milk

Daily Specials:

Monday- Cheeseburger Flatbread
Tuesday- Ham Stromboli
Wednesday- Buffalo Chicken Pizza
Thursday- Spinach Calzone
Friday- Meat lovers Pizza
Cheese & Pepperoni Pizza available Daily

grilled

Available daily:

Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Nuggets
Chicken Tenders or Chicken Nuggets
Served with Your Choice of Hot or Cold Vegetables,
Salad, Fruit and Milk



SMOOTHIE AND PARFAIT BAR



Build your own Parfaits and Freshly Made to Order Smoothies

SALAD BAR



Featuring all New Salad Bar
Top fresh mixed greens, with a variety of fresh veggies and proteins

ON THE GO

Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include:

Assorted, Buffalo Chicken Salad, Chicken Caesar Wrap or Salad, Turkey & Cheese Pretzel Roll, Veggie Wrap, Italian Sub

This institution is an equal opportunity provider

